Head over Heels

sock & shawl yarn

Stylecraft

HEAD OVER HEELS
TWISTED EDGE SOCKS

To determine the size of the sock to make, measure leg circumference at lower calf and follow instructions in pattern for foot length.

Small sock width – 18.5cm, 7¼in
Medium sock width - 21.25cm, 8½in
Large sock width – 22.5cm, 9in

YOU WILL NEED
Head Over Heels 75% Superwash Wool, 25% Nylon
1 x 100g ball
Socks photographed in Matterhorn 3100
A set of 2.75mm (UK 12 – USA 2) double pointed needles or circular if preferred
A set of stitch markers

TENSION
32 sts x 36 rows to 10cm over patt on 2.75 mm needles or the size required to give the correct tension.

ABBREVIATIONS
beg beginning
cm centimetre(s)
cont continue
folls follows
g grammes
in inch(es)

k knit
m marker
mm millimetre(s)
p purl
patt pattern
pm place marker
rem remain(ing)

rep repeat
rnd round
rs right side
sl slip
sm stitch marker
st(s) stitch(es)
tbl through back of

loop
tog together
ws wrong side
wyib with yarn at back of work

SPECIAL NOTE: To make the stripe pattern match exactly, the knitter who made these socks has unwound yarn from the ball to find the same point in the pattern repeat before starting the second sock. It is not essential to do this.

SOCKS (make 2)
Using 2.75mm needles, cast on 60[66: 72] sts.
Do not join for working in the round until the twisted edge is complete.
Work twisted edge as folls:
Knit 5 rows.
Next row: K3, *twist right hand needle once clockwise, k3; rep from * to end.
Knit 1 row increasing 1 st each end of last row for second size only. 60[68: 72]sts
Now work in patt as folls, joining to work in the round and placing marker at beg of row:
Rnd 1: *K2, (k1, p1, k1) into next st, k1; rep from * to end.
Rnd 2: *K2, sl 3 wyib, k1; rep from * to end.
Rnd 3: *Sl1 wyib, k2tog, k1, k2tog tbl: rep from * to end.
Rnd 4: *Sl1 wyib, k3; rep from * to end.
Rnd 5: *(K1, p1, k1) into next st, k3; rep from * to end.
Rnd 6: *Sl 3 wyib, k3; rep from * to end.
Rnd 7: Sl1 (this st will be knitted together with the last st on this rnd), *k1, k2tog tbl, sl1 wyib, k2tog; rep from * to end knitting last st together with first st keeping it on last needle.
Rnd 8: *K2, sl1 wyib, k1; rep from * to end
These 8 rnds form patt, work in patt until work measures, 15cm, 6in.

Do not work in patt from here.

Heel Flap
Heel flap is worked back and forth over next 30[34: 36] sts.
Rem 30[34: 36] **instep** sts are held on waste yarn until needed.
Row 1 (rs): *Sl1, k1; rep from * to end. 30[34: 36] sts
Row 2 (ws): Sl1, purl to end.
Rep rows 1 and 2 until heel flap is approximately square.
Cont on these sts as folls:

Turn Heel
Row 1 (rs): *K17[19: 21], k2tog, k1, turn. 10[12: 12] sts rem unworked.
Row 2 (ws): P6[6: 8] p2tog, p1, turn. 10[12: 12] sts rem unworked.
Row 3: Knit to 1 st before gap, k2tog, k1, turn.
Row 4: Purl to 1 st before gap, p2tog, p1, turn.
Rep rows 3 and 4 until all sts have been worked. 18[20: 22] sts

Heel Gusset
Set up rnd: K9[10: 11], pm for end of rnd, k9[10: 11], pick up and knit one st into each loop along the side of heel flap, k1 into the gap, pm, k across rem **instep** sts, pm, k1 into the gap, pick up and knit one st into each loop along the other side of the heel flap, knit to end.

Rnd 1: Knit to 2 sts before m, k2tog, sm, k to m, sm, k2tog, knit to end.
Rnd 2: Knit to m, sm, k to m, sm, knit to end.
Rep rnds 1 and 2 until 30[34: 36] sole sts rem. 60[68: 72] foot sts.
Cont straight until foot measures 5[5.5: 5.5]cm, 2 [2¼: 2¼]in shorter than desired foot length.

Toe
Set up markers for toe shaping on next rnd as folls: *k15[17: 18], pm; rep from * to end.
Rnd 1: *Knit to 2 sts before m, k2tog; rep from * to end.
Rnd 2: Knit.
Rep last 2 rnds 7 more times, then work rnd 1 only 5[7: 8] times. 8 sts rem.

FINISHING
Cut yarn leaving a long tail and pull through rem sts.
Fasten off securely.
Weave in all ends and block following ball band instructions.

Although every effort has been made to ensure that instructions are correct, Stylecraft cannot accept any liabilities.
Stylecraft cannot accept responsibility for the result of using any other yarn.